GCC Spring Summer



EEK ONE 28 April

22 September 1 September 13 October 16 June 19 May

Option One Meat 2334

V160 SD9 Pasta with Tomato and Lentil Pasta Sauce

V306 Caribbean Butterbean Stew with SD84 Rice

Option Two

V85. Baked Beans SD22 or Tuna Mayonnaise F11

Jacket Potato

Vegetables

SD19 Sweetcorn and SD20

D171 Apple Flapjack

EEK TW

Option One

V108 Lentil and Sweet Potato

Curry with SD84 Rice

5 May 2 June

C91 BBQ Chicken Pizza with SD95 Herby New Potatoes

WEDNESDAY

THURSDAY

FISH FRIDAY

P5 Roast Gammon, SD7/SD82 Roast Potatoes & SD118 Gravy

V309 Mild Mexican Chilli with SD84

Jacket Potato SD55 with Cheese

Jacket Potato SD55 with Cheese V85

Herby New Potatoes

V24 Red Pepper and Cheese Frittata SD5 Chips & SD14 Tomato Ketchup

F6 Fishfingers, SD5 Chips & SD14
Tomato Ketchup

Jacket Potato SD55 with Cheese V85, Baked Beans SD22 or Tuna

Mayonnaise F11

Jacket Potato SD55 with Cheese V85

Baked Beans SD22 or Salmon

Mayonnaise F32

SD24 Grean Beans

SD129 Roasted Vegetables and

SB10 Carrot and Cucumber Crudites

SD92 Rainbow Colestaw

D168 Summer Lemon Cake and D2

Custard

V85, Baked Beans SD22 or Tuna Mayonnaise F11

V232 Veg Wellington, SD7/SD82 Roast Potatoes & SD118 Gravy

SD8 Spaghetti B48 Bolognaise with SD50 Garlic Bread

V191 Cheese & Bean Pasty with \$095

SD20 Broccoli and SD27 Cauliflower

Baked Beans SD22 or Tuna Mayonnaise F11

D13 Ice Cream and D225 Fresh
Fruit

Marble Sponge Cake **D199** with Chocolate Sauce **D3**

SD22 or Tuna Mayonnaise F11 Cheese V85, Baked Beans Jacket Potato SD55 with

SD35 Cabbage and SD21

29 September

Vegetables

20 October

8 September

23 June

14 July

Jacket Potato

Cheese V85, Baked Beans SD22

Jacket Potato SD55 with Cheese V85, Baked Beans SD22 or Tuna

Mayonnaise F11

or Tuna Mayonnaise F11 Jacket Potato SD55 with

SD28 Carrots and SD24 Green

Option Two

V231 Cheese and Tomato Pizza with **SD95** Herby New Potatoes

D249 Chocolate Brownie

P5 Roast Gammon, SD7SD82 Roast Potatoes & SD118 Gravy

V204 Roast Quorn, SD7/SD82

Roast Potatoes, & SD118 Gravy

Cheese V85, Baked Beans SD22 or Tuna Mayonnaise F11 Jacket Potato SD55 with

SD53 Carrot & Swede Mash

D207 Pear & Cocoa Upside Down Cake with D2 Custard D177 Iced Vanilla Sponge

Roast Potatoes, & SD118 Gravy C4 Roast Chicken, SD7/SD82

Wedges & SD14 Tomato Ketchup

V318 Macaroni Cheese

P3 SD187 Pork Hot Dog with SD6

V13 Lentil and Vegetable Soya Roast, SD7/SD82 Roast Potatoes & SD118 Gravy

V237 Vegan Meatballs In V225
Tomato Sauce with \$D83 Rice

Jacket Potato SD55 with Cheese V85, Baked Beans SD22 or Tuna Mayonnaise F11

SD128 Mixed Summer Salad

D191 Apple Cinnamon Sponge with D2 Custard

and Chickpea Korma with \$D84 **NEW C111** Chef Special Chicken

F3 Battered Fish, SD5 Chips & SD14
Tomato Ketchup

V161 Mexican Roll, SD5 Chips &

SD14 Tomato Ketchup

D245 Strawberry Jelly with **D166**Peaches

SD18 Peas and SD22 Beans

V244 SD187 Vegan Hot Dog with SD6 Wedges & SD14 Tomato Ketchup

Jacket Potato SD55 with Cheese V85, Baked Beans SD22 or Tuna Mayonnaise F11

Jacket Potato SD55 with Cheese V85, Baked Beans SD22 or Tuna

Mayonnaise F11

SD28 Carrots and SD27 Cauliflower

D189 Eves Pudding with D2 Custard

NEW GR8 Greek Chicken in a Pitta with SD84 Rice and GR3 Tzatziki

F3 Battered Fish, SD5 Chips & SD14 Tomato Ketchup

D166 Peaches and D13 Ice Cream

SD18 Peas and SD22 Beans

GR2 Spinach and Cheese Whit, SD5 Chips & SD14 Tomato Ketchup

Jacket Potato \$D55 with Cheese V85, Baked Beans \$D22 or Tuna

SD18 Peas and SD22 Beans

D85 Oaty Cookie

ALLERGY INFORMATION:

to cater for your child. We use a large variety of ingredients in the not possible to completely remove the risk of allergen cross contact preparation of our meats and due to the nature of our kitchens it is school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information ask a member of the catering team for information. If your child has a If you would like to know about particular allergens in foods please





5 September

Vegetables

SD28 Carrots and SD24 Green

SD19 Sweetcorn and SD20

Dessert

NEW D32 Rock Cake

Jacket Potato

V85, Baked Beans SD22 or Tuna

Jacket Potato SD55 with Cheese V85, Baked Beans SD22 or Tuna

Mayonnaise F11

Mayonnaise F11

Option Two

Chickpea Curry with \$D84 Rice

NEW V321 Chefs Special

V233 SD8 Vegan Bolognaise with

SD50 Garlic Bread

Option One

NEW V323 SD17 Bean Burger with

D57 Vanilla Shortbread

SD6 with SD95 Herby New

NEW C119 Green Thai Chicken

Curry with SD84 Rice

NEW D259 Strawberry and Apple

SD20 Broccoli and SD19

Sweetcorn

Crumble with **D2** Custard

Potatoes

6 October