

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Spring menu 2019 GCC

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 07/01/2019 28/01/2019 25/02/2019 18/03/2019	<b>Main</b>	Cheese & Tomato Pizza (WM)	Chicken Curry & rice	Roast Pork with Roast Potatoes and Gravy	Beef Lasagne with garlic slice	MSC Fish fingers/salmon fish fingers with Chips
	<b>Vegetarian</b>	Quorn Chilli & rice	Macaroni Cheese with Garlic slice	Quorn Roast with Roast Potatoes and Gravy	Vegetable Sausage & Mash	Cheese & tomato quiche (WM) with Chips
	<b>Jacket Potato</b>	Jacket Potato with Beans	Tomato Soup with ½ Filled Baguette Green Beans Carrots	Jacket Potato with Tuna Carrot Cauliflower	Vegetable Soup with ½ Filled Baguette Sweet corn Broccoli	Jacket Potato with Cheese Baked Beans Garden Peas
	<b>Dessert</b>	Rolled Apple & Strawberry Pie & Custard Yoghurt Fresh Fruit Platter	Chocolate mandarin brownie Yoghurt Fresh Fruit Salad	Oaty cookie Yoghurt Fresh Fruit Platter	Pineapple upside down cake with Custard Yoghurt Fresh Fruit Salad	Cheese, Biscuits & Apple Yoghurt and Fruit Station
<b>Week 2</b> 14/01/2019 04/02/2019 04/03/2019 25/03/2019	<b>Main</b>	Roasted vegetable Pizza	Spaghetti Beef bolognaise	Roast Turkey Roast Potatoes and Gravy	Sausage & Mash	MSC Breaded Fish with Chips
	<b>Vegetarian</b>	Vegetable Fajita	Lentil & Sweet Potato curry & rice	Vegetable Wellington with Roast Potatoes and Gravy	Cheese & Pepper Pinwheel (WM) Vegetable Soup with ½ Filled Baguette	Quorn burger with Chips
	<b>Jacket Potato</b>	Jacket Potato with Beans	Tomato Soup with ½ Filled Baguette Peas Carrots	Jacket Potato with Tuna Red/Green Cabbage Peas	Green Beans Carrots	Jacket Potato with Cheese Baked Beans Garden Peas
	<b>Dessert</b>	Chocolate crunch Yoghurt Fresh Fruit Platter	Banana Sponge & Custard Yoghurt Fresh Fruit Chunks	Flapjack Yoghurt Fresh Fruit Salad	Fruit Crumble with Custard (WM) Yoghurt Fresh Fruit Platter	Cheese, Biscuits & Apple Yoghurt and Fruit Station
<b>Week 3</b> 21/01/2019 11/02/2019 11/03/2019 01/04/2019	<b>Main</b>	Cheese & Sweetcorn Pizza	Chicken & Tomato Pasta Bake	Roast Gammon Roast Potatoes and Gravy	Meatballs with Pasta	MSC Battered Fish with Chips
	<b>Vegetarian</b>	Veggie Hotdog Quorn Sausage	Cheesy puff	Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Hotpot	Bean Burger with Chips
	<b>Jacket Potato</b>	Jacket Potato with Beans	Tomato Soup with ½ Filled Baguette Broccoli Carrots	Jacket Potato with Tuna Cauliflower Green beans	Vegetable Soup with ½ Filled baguette Sweetcorn Carrots	Jacket Potato with Cheese Baked Beans Garden Peas
	<b>Dessert</b>	Peas Mixed Salad Vanilla Shortbread Yoghurt Fresh Fruit Platter	Peach Crisp & Custard (WM) Yoghurt Fresh Fruit Salad	Iced Sponge Yoghurt Fresh Fruit Chunks	Fruit Strudel with Custard Yoghurt Fresh Fruit Salad	Cheese, Biscuits & Apple Yoghurt and Fruit Station