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	- Freshly cooked	MENU KEY	16 October	10 July 4 September 25 September	1 May 22 May 19 June	WEEK THREE	9 October	24 July 18 September	24 April 15 May 12 June 3 Intr	WEEK TWO	23 October	17 July 11 September	8 May 5 June 26 June	WEEK ONE	GCC Spring/ Summer Menu
-	jacket potatoes with	Added plant power	Dessert Dessert	Vegetables	Option two	Option one	Dessert	Vegetables	Option two	Option one	Dessert	Vegetables	Option two	Option one	
	Available Daily: a choice of fillings - Bread	ower Wholemeal	TP THESE	Vegetables	Vegan Sausage with Mashed Potato & Gravy	Vegetable Stir Fry Noodles	Lemon Drizzle Cake	Seasonal Vegetables	Spanish Omelette with Potato Wedges	Wholemeal Vegetable Pasta Bake	Orange Drizzle Cake	Seasonal Vegetables	Vegan Meatballs with Tomato Sauce & Rice	Macaroni Cheese	MONDAY
	Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection	Vegan	Chocolate Drizzle Cake	Seasonal Vegetables	Lentil & Sweet Potato Curry with Rice	Spaghetti Bolognaise	Marble Sponge with Custard	Seasonal Vegetables	Pilau Rice with Five Beans	Pork Sausage with Mashed Potato & Gravy	Sticky Toffee Apple Crumble with Custard TP Character	Seasonal Vegetables	Five Bean Chilli with Rice	Beef Lasagne with Homemade Garlic Bread	TUESDAY
	aily salad selection	Chef's Special	Apple Flapjack	Seasonal Vegetables	Vegan Quom with Roast Potatoes & Gravy	Roast Gammon with Roast Potatoes & Gravy	Oghy Cookie	Seasonal Vegetables	Vegetable Wellington with Roast Potatoes & Gravy	Roast Turkey with Stuffing. Roast Potatoes & Gravy	Mandarins Mandarins	Seasonal Vegetables	Sweet Potato & Spinach Flan with Roast Potatoes & Gravy	Roast Chicken with Roast Potatoes & Gravy	WEDNESDAY
	school lunch and has a food alle to complete a form to ensure we to cater for your child. We use a preparation of our meals and du not possible to completely remo	ALLERGY INFORMATION: If you would like to know about a ask a member of the catering to	Iced Sponge	Seasonal Vegetables	Cheese & Tomato Pizza with Potato Wedges	Chicken Enchiladas with Rice	Chocolate Shortbread JP BELLINS	Seasonal Vegetables	Cheese & Tomato Pinwheel with New Potatoes	Chef's Special Chicken Korma with Rice	Vanilla Sponge with Custard	Seasonal Vegetables	Vegan Spaghetti Bolognaise	Minced Beef & Onion Pie with New Potatoes	THURSDAY
	school lunch and has a food altergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.	ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a	Vapilla Shortbread	Peas Baked Beans	Cheese & Red Pepper Frittata with Chips & Tomato Sauce	Fish Fingers with Chips & Tomato Sauce	Apple, Cheese & Crackers	Peas Baked Beans	Veggie Burger with Chips & Tomato Sauce	Salmon Fish Fingers/ Fish Fingers with Chips & Tomato	Chocolate Shortbread	Peas Baked Beans	Vegan Sausage with Chips & Tomato Sauce	Fish Fingers with Chips & Tomato Sauce	FRIDAY

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