

ALLERGY INFORMATION: if your child has an allergy or intolerance please ask a

Spring GOLD Wednesday Menu 2018



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>Main</p> <p>Hotdogs with tomato sauce and jacket wedges</p> <p>Potato & Courgette Layer Bake</p> <p>Jacket potato with tuna mayo</p> <p>Broccoli Sweetcorn</p> <p>Shortbread Yoghurt Fruit platter</p>	<p>Macaroni Pastichio (made with organic mince beef)</p> <p>Spinach & Tomato Quiche with New Potatoes</p> <p>Tomato Soup with cheese filled baguette</p> <p>Peas Cauliflower</p> <p>Apple & Mixed Berry Crumble With Custard Yoghurt Fruit pieces</p>	<p>Roast chicken with stuffing and Roast Potatoes and Gravy</p> <p>Mixed Vegetable Loaf With Roast Potatoes and Gravy</p> <p>Jacket potato with baked beans</p> <p>Carrot & Swede mash</p> <p>Flapjack Yoghurt Fruit pieces</p> <p>Roast Turkey with Roast Potatoes & Gravy</p> <p>Cheese & Pepper Whirl with Roast Potatoes</p> <p>Jacket potato with baked beans</p> <p>Broccoli Sliced Carrots</p> <p>Chocolate Cookie Yoghurt Fruit pieces</p> <p>Roast pork with Roast Potatoes and Gravy</p> <p>Vegetarian Wellington with Roast Potatoes</p> <p>Jacket potato with baked beans</p> <p>Shredded Cabbage swede</p> <p>Jelly with a Side of Mandarins Yoghurt Fruit pieces</p>	<p>Organic beef cottage pie</p> <p>Macaroni Cheese with Tomato topping</p> <p>Vegetable Soup & ham filled baguette</p> <p>Sweetcorn Roasted peppers</p> <p>Pineapple upside down Cake with Custard Yoghurt Fruit platter</p> <p>Organic beef mince pasta bolognese</p> <p>Quorn Mince Pasta Bolognese</p> <p>Vegetable Soup and ham filled baguette</p> <p>Cauliflower Sweet corn</p> <p>Apple & Berry Strudel with Custard Yoghurt Fruit platter</p> <p>Beef Tortilla Stack with Garlic Slice (made with organic mince beef)</p> <p>Macaroni cheese with garlic slice</p> <p>Vegetable Soup with ham filled baguette</p> <p>Roasted Vegetable Medley</p> <p>banana cake & Custard Yoghurt Fruit platter</p>	<p>MSC Breaded fish With Chips & Tomato Sauce</p> <p>Vegetable fajita</p> <p>Jacket potato with cheese</p> <p>Baked Beans Garden Peas</p> <p>Pear & ginger sponge Yoghurt Fruit salad</p> <p>MSC Battered Fish Chips & Tomato Sauce</p> <p>Quorn hotdog with chips</p> <p>Jacket potato with cheese</p> <p>Baked Beans Garden Peas</p> <p>Chocolate and Orange Brownie Yoghurt Fruit salad</p> <p>MSC Fish Fingers or salmon fish fingers with chips & Tomato Sauce</p> <p>Vegetable pasty with Chips</p> <p>Jacket potato with cheese</p> <p>Baked Beans Garden Peas</p> <p>Lemon & Cucumber Cake Yoghurt Fruit salad</p>
Week 2	<p>Main</p> <p>Beef meatballs in tomato sauce with rice</p> <p>Vegetable Pasta Bake</p> <p>Jacket potato with tuna mayo</p> <p>Red Onion Slaw sweetcorn</p> <p>Pear Crumble and Custard Yoghurt Fruit platter</p>	<p>Chicken and Red Pepper Pizza with baby Baked Potato (made with free range chicken)</p> <p>Lentil and Vegetable Curry with Rice</p> <p>Tomato Soup with cheese filled baguette</p> <p>Roasted Vegetables</p> <p>Lemon drizzle cake Yoghurt Fruit chunks</p> <p>Chicken tikka & rice</p> <p>Cheese & tomato pizza With new potatoes</p> <p>Tomato Soup with cheese filled baguette</p> <p>carrots Green Beans</p> <p>Chocolate crunch Yoghurt Fruit chunks</p>	<p>Roast Turkey with Roast Potatoes & Gravy</p> <p>Cheese & Pepper Whirl with Roast Potatoes</p> <p>Jacket potato with baked beans</p> <p>Broccoli Sliced Carrots</p> <p>Chocolate Cookie Yoghurt Fruit pieces</p> <p>Roast pork with Roast Potatoes and Gravy</p> <p>Vegetarian Wellington with Roast Potatoes</p> <p>Jacket potato with baked beans</p> <p>Shredded Cabbage swede</p> <p>Jelly with a Side of Mandarins Yoghurt Fruit pieces</p>	<p>Organic beef mince pasta bolognese</p> <p>Quorn Mince Pasta Bolognese</p> <p>Vegetable Soup and ham filled baguette</p> <p>Cauliflower Sweet corn</p> <p>Apple & Berry Strudel with Custard Yoghurt Fruit platter</p> <p>Beef Tortilla Stack with Garlic Slice (made with organic mince beef)</p> <p>Macaroni cheese with garlic slice</p> <p>Vegetable Soup with ham filled baguette</p> <p>Roasted Vegetable Medley</p> <p>banana cake & Custard Yoghurt Fruit platter</p>	<p>MSC Battered Fish Chips & Tomato Sauce</p> <p>Quorn hotdog with chips</p> <p>Jacket potato with cheese</p> <p>Baked Beans Garden Peas</p> <p>Chocolate and Orange Brownie Yoghurt Fruit salad</p> <p>MSC Fish Fingers or salmon fish fingers with chips & Tomato Sauce</p> <p>Vegetable pasty with Chips</p> <p>Jacket potato with cheese</p> <p>Baked Beans Garden Peas</p> <p>Lemon & Cucumber Cake Yoghurt Fruit salad</p>
Week 3	<p>Main</p> <p>Beef Burger in a Bun with jacket wedges</p> <p>Mixed bean cassoulet with jacket wedges</p> <p>Jacket potato with tuna mayo</p> <p>Broccoli Sweetcorn</p> <p>Carrot & Sultana Cake with Custard Yoghurt Fruit platter</p>	<p>Chicken tikka & rice</p> <p>Cheese & tomato pizza With new potatoes</p> <p>Tomato Soup with cheese filled baguette</p> <p>carrots Green Beans</p> <p>Chocolate crunch Yoghurt Fruit chunks</p>	<p>Roast pork with Roast Potatoes and Gravy</p> <p>Vegetarian Wellington with Roast Potatoes</p> <p>Jacket potato with baked beans</p> <p>Shredded Cabbage swede</p> <p>Jelly with a Side of Mandarins Yoghurt Fruit pieces</p>	<p>Organic beef mince pasta bolognese</p> <p>Quorn Mince Pasta Bolognese</p> <p>Vegetable Soup and ham filled baguette</p> <p>Cauliflower Sweet corn</p> <p>Apple & Berry Strudel with Custard Yoghurt Fruit platter</p> <p>Beef Tortilla Stack with Garlic Slice (made with organic mince beef)</p> <p>Macaroni cheese with garlic slice</p> <p>Vegetable Soup with ham filled baguette</p> <p>Roasted Vegetable Medley</p> <p>banana cake & Custard Yoghurt Fruit platter</p>	<p>MSC Battered Fish Chips & Tomato Sauce</p> <p>Quorn hotdog with chips</p> <p>Jacket potato with cheese</p> <p>Baked Beans Garden Peas</p> <p>Chocolate and Orange Brownie Yoghurt Fruit salad</p> <p>MSC Fish Fingers or salmon fish fingers with chips & Tomato Sauce</p> <p>Vegetable pasty with Chips</p> <p>Jacket potato with cheese</p> <p>Baked Beans Garden Peas</p> <p>Lemon & Cucumber Cake Yoghurt Fruit salad</p>

