

Summer GOLD Menu 2018

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Margherita Pizza	Spaghetti Bolognaise (made with organic mince beef)	Roast Gammon with Roast Potatoes & Gravy	Sausages & Mash	MSC Fish Fingers & Chips
	Vegetarian	Vegetable Bolognaise Spaghetti	Vegetable Pasta Bake	Quorn Roast with Roast Potatoes & Gravy	Vegetable Casserole with Cous Cous	Cheese & Onion Quiche with Chips
	other	Jacket Potato with Tuna Mayo	Tomato Soup with Cheese Filled Baguette	Jacket Potato with Beans	Vegetable Soup with Ham Filled Baguette	Jacket Potato with Cheese
		Carrots Garden Peas	Sweetcorn Broccoli	Seasonal Vegetables	Carrots Green Beans	Baked Beans Garden Peas
	Dessert	Fruit Crumble with Custard Yoghurt Fresh Fruit Platter	Chocolate & Beetroot Brownie Yoghurt Fresh Fruit Salad	lemon drizzle cake Yoghurt Fresh Fruit Salad	Apple Sponge with Custard Yoghurt Fresh Fruit Salad	Iced Shortbread Finger Yoghurt Fresh Fruit Salad
16/04/2018						
07/05/2018						
04/06/2018						
25/06/2018						
16/07/2018						
Week 2	Main	Margherita Pizza	Chicken enchilada with Jacket Wedges	Roast Pork with Roast Potatoes & Gravy	Beef Burger in a Bun with Baby Baked Potatoes	Battered Fish & Chips
	Vegetarian	Quorn & Vegetable Rice	Macaroni cheese	Vegetable Pasty with Roast Potatoes	Vegetable Chilli & Rice	Vegetable enchilada with Chips
	other	Jacket Potato with Tuna Mayo	Tomato Soup with Cheese Filled Baguette	Jacket Potato with Beans	Vegetable Soup with Ham Filled Baguette	Jacket Potato with Cheese
		Roasted Peppers & Sweetcorn	Peas Coleslaw	Seasonal Vegetables	Broccoli Sweet corn	Baked Beans Garden Peas
	Dessert	Berry and Apple Strudel & Custard Yoghurt Fresh Fruit Salad	Peach upside down cake Yoghurt Fresh Fruit Platter	Oaty Cookie Yoghurt Fresh Fruit Salad	Chocolate Orange Sponge with Choc Sauce Yoghurt Fresh Fruit Platter	Flapjack Fruit Yoghurt Fresh Fruit Salad
23/04/2018						
14/05/2018						
11/06/2018						
02/07/2018						
23/07/2018						
Week 3	Main	Margherita Pizza	Cottage Pie (made with organic mince beef)	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Meatballs with Rice	FishWich and Chips
	Vegetarian	Lentil & Sweet Potato Curry with Rice	Cheese & Tomato Pinwheel with New Potatoes	Vegetable Pie with Roast Potatoes & Gravy	Cheesy Pasta Bake	Spicy bean burger & Chips
	other	Jacket Potato with Tuna Mayo	Tomato Soup with Cheese Filled Baguette	Jacket Potato with Beans	Vegetable Soup with Ham Filled Baguette	Jacket Potato with Cheese
		Sweetcorn Green Beans	Peas Carrots	Seasonal Vegetables	Sweetcorn Cauliflower	Garden Peas Baked Beans
	Dessert	Chocolate Crunch with Chocolate Sauce Yoghurt Fresh Fruit Salad	Banana Cake Fruit Yoghurt Fresh Fruit Platter	Ice- Cream & mandarins Youghurt Fresh Fruit Salad	Pineapple Upside Down Cake Yoghurt Fresh Fruit Platter	Shortcake Yoghurt Fresh Fruit Salad
30/04/2018						
21/05/2018						
18/06/2018						
09/07/2018						

